Getting Help with a Drug or Alcohol Problem

Students who want help with an alcohol or drug problem can contact any Student Affairs staff member for referral, the Public Health nurse, or the Family Services Counselor. Employees can seek counseling through a referral by Human Resources.

The school nurse is provided in coordination with the Davidson County Health Department. A mental health counselor is provided in coordination with Family Services of Davidson County.

Public Health Nurse
Mendenhall 229
Monday & Tuesday, 9:00 a.m. - 1:00 p.m.

Mental Health Counselor
Mendenhall 229
familyservices@davidsonccc.edu
Wednesdays 8 a.m. - 12 p.m.
Thursdays 1 p.m. - 5 p.m.

Human Resources
Brooks 223
336-224-4540 or 4540

NCA (National Council on Alcoholism) Information line (1-800-NCA-CALL) will provide referral for drug or alcohol problems.

NIDA (National Institute on Drug Abuse) Hotline (1-800-662-HELP) will provide confidential information and referral.