

Zesty Slow Cooker Chicken Barbecue

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"This is a quick-prep chicken breast recipe that gives a twist to basic barbecue chicken. I throw the chicken breasts in frozen, and serve this with baked potatoes. The sauce makes a great topping for the potatoes. To vary the flavor, try different types of barbecue sauce."

PREP TIME	10 Min
COOK TIME	4 Hrs
READY IN	4 Hrs 10 Min



INGREDIENTS

- 6 frozen skinless, boneless chicken breast halves
- 1 (12 ounce) bottle barbeque sauce
- 1/2 cup Italian salad dressing
- 1/4 cup brown sugar
- 2 tablespoons Worcestershire sauce

DIRECTIONS

1. Place chicken in a slow cooker. In a bowl, mix the barbeque sauce, Italian salad dressing, brown sugar, and Worcestershire sauce. Pour over the chicken.
2. Cover, and cook 3 to 4 hours on High or 6 to 8 hours on Low