

Red Hot Apple Pie in a Cup

Ingredients

1 medium Fuji apple, cored and cubed

12-15 pieces of Red Hot Candy

½ sheet of low fat cinnamon graham crackers crushed

2 tablespoons of Fat Free Redi Whip

Dash of cinnamon

Directions:

Place apple cubes in a microwavable cup or mug. Top with red hots. Cover and Microwave for 2 minutes. Stir well. Microwave for an additional 1 to 2 minutes until apple cubes are soft.

Once cup or mug is cool enough to handle, mix contents well. Allow to cool for about 10 minutes.

Top with half of the graham cracker crushed followed by redi whip. Sprinkle with remaining grahams and a little cinnamon. Voila!!