

## Single Guy Chicken with Rice

- Prep: 30 minutes
- Cook: 2 hours
- Ready in: 2 hours 30 minutes

### **Ingredients**

- 1 chicken hind-quarter
- 1/2 cup long grain brown rice
- 3 cans chicken broth
- 2 cups any frozen veggie of your choice
- half cup chopped onions
- 1 Tbl garlic
- 1/4 cup jalapeno pepper (finely chopped)
- 1 Tbl salt
- 1 tsp sweet basil
- 1 tsp oregano
- 1 tsp thyme

### **Cooking Instructions**

- sauté the onions until clear
- remove the skin from the chicken
- place all ingredients in a large skillet and bring to a boil
- turn heat down to low and cover
- simmer for two hours